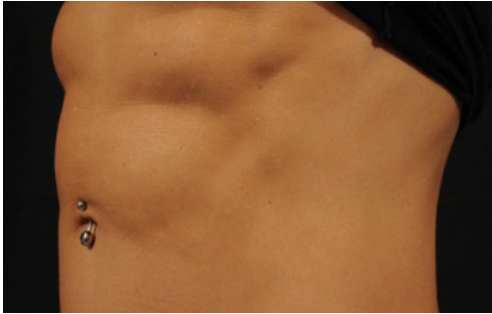


# RESULTS YOU CAN SEE

## BEFORE



## AFTER 4 TREATMENTS

Courtesy of Lutronic Research Clinic USA  
RESULTS MAY VARY.

“Maintaining my abdominal muscles has been challenging. My Accufit treatments have increased my muscle mass and improved how I look and feel.”

— PATIENT B.M.

### How long before I see results?

Results are generally visible 4-12 weeks after the last session.

# { ANSWERS TO YOUR questions }

### What does an AccuFit treatment feel like?

A unique 4-cycle program is implemented to stretch, build, re-educate and recover the muscles. As each cycle begins, patients feel a gentle contraction sensation and, as the intensity slowly increases, the muscle contraction intensifies. At the end of each cycle, a proprietary recovery cycle is implemented to “warm-down” and minimize fatigue in preparation for the next cycle.

### How long is a treatment and what is the downtime?

Up to four areas can be treated in one 30-minute session. During a single treatment session, the abdomen and buttocks can be treated, as well as other areas. This is a non-invasive treatment which requires no recovery period. Patients can immediately return to normal activities after the treatment. Patients may notice tingling in the areas treated for up to a few hours and/or slight muscle tenderness for 24-72 hours, similar to an intense workout.

### How many treatments will I need?

Most patients will need four treatments depending on their baseline condition. Additional treatments may be desired to achieve the personal results that you are seeking.

### Is the Accufit safe?

Electro-muscular stimulation has been used for decades in the rehabilitation, strengthening and toning of muscles.

SEE ACCUFIT FOR YOURSELF!

[US.AESTHETIC.LUTRONIC.COM/PRODUCTS/ACCUFIT](http://US.AESTHETIC.LUTRONIC.COM/PRODUCTS/ACCUFIT)

**LUTRONIC**  
Intelligent Care

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# DEFINE MUSCLES { without the gym }



# accufit™

STRENGTH  
+  
POWER  
+  
PERFECTION

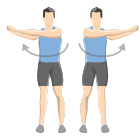
# PRECISION & ACCURACY

with direct muscle treatment

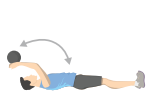


# 4

Precise control modes that deliver energy through IntelliStim™ electrodes:



TWIST



HOLD



GRIP



TAP

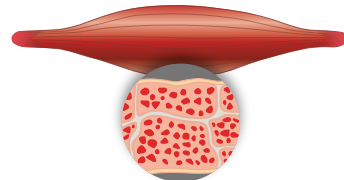
“It was like yoga, weight training, sculpting, and muscle massage **all in one 30-minute session**. I noticed results after my second session and I look forward to more!”

— PATIENT J.E.

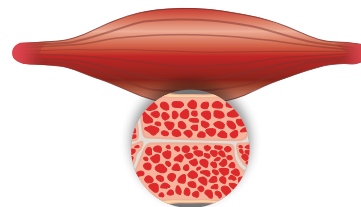
# HOW accufit works

The Accufit system incorporates a proprietary muscle activation process to target specific muscle groups. During a direct activation sequence, energy flows through the selected muscle triggering a variety of responses depending on the treatment mode chosen. Activations will allow patients to receive a greater range of muscle movements than they would typically do during a normal exercise routine.

## COMPREHENSIVE MUSCLE ACTIVATION



BEFORE



AFTER

## The smarter way to exercise.

Up to four large areas can be treated in one 30-minute treatment session. Choose between abdomen, flanks, buttocks and thighs or other areas to personalize the treatment to your needs.

# WHAT IS ACCUFIT?

Accufit is a new comprehensive muscle activation system that enables patients to rapidly engage muscle groups not usually targeted during normal workouts. In addition, Accufit can enable you to focus on specific areas where you want to see results.

Accufit treatments can be personalized to each patient. Patients can range from someone who has not worked out in a while all the way to an exercise professional who is looking for specific muscle targeting treatments to get to the next level of performance. Common treatment areas include abdomen, flanks, buttocks and thighs, but treatments of almost any specific muscle groups are possible. Ask your treatment provider about your customized plan.



TREATS  
ABDOMINALS...

GLUTES &  
THIGHS.

